

## PDHPE Practical Requirements

A requirement of the Personal Development, Health and Physical Education (PDHPE) and Physical Activity and Sports Studies (PASS) syllabus is for students to participate in practical physical activity lessons. For these lessons, students are required to bring their sport uniform to change into to participate in the lesson. Class teachers will inform students the days allocated as practical lessons.

Students will need to ensure that they have their hat, school sports shirt, school shorts or tracksuit pants (in winter terms 2 and 3) and predominantly white sneakers, for each of their practical lessons. **All items of clothing should be labelled with their name** and be carried to school in their black excursion bag. Students are also encouraged to bring a water bottle to each practical lesson.

If a student does not bring **any part** of their sport uniform, and does not provide a note for injury or illness, they may not be able to participate in the lesson and will be issued with a PDHPE uniform infringement as specified by their teacher. A note will also be recorded in their student planner. **These infringements will be recorded and after every three uniform infringements, in a semester, the student will receive a lunchtime detention.** The class teacher will communicate with students when the lunchtime detention will take place.

If a student continues to fail to bring her sport uniform, contact will be made with the parents/guardians. Some PDHPE assessment tasks are practical and if a student does not have the appropriate uniform they may not be able to complete the assessment, resulting in a zero mark.

If a student cannot participate in practical lessons due to an injury or illness, they require a note from their parents. If it is an ongoing medical issue or injury, preventing participation, a doctors certificate will be required. When a student is cleared to return to practical participation, a doctors clearance should be provided to her class teacher.

If you have any questions or concerns about this please contact your daughter's PDHPE teacher.

**The PDHPE Department**